

What is your Brain Fitness Level?

To Find out

Please Take this 1 Minute Test.

Find and underline the words listed below.

☐ Lips ☑ Eyebrow ☐ Teeth ☐ Nose ☐ Chin

H	M	U	S	T	A	C	H	E	D	Q	T	O	B	V
X	N	A	H	O	T	P	F	X	H	L	O	P	Q	W
C	O	F	I	J	A	Z	M	V	A	F	N	U	F	H
F	S	F	G	S	R	N	Q	Z	I	M	G	K	N	D
A	E	A	C	J	M	U	Q	O	R	P	U	Q	X	U
F	K	A	H	K	P	X	W	L	G	K	E	N	W	Z
E	C	E	E	Y	I	Q	T	E	E	T	H	O	U	G
P	E	T	E	R	T	V	N	D	T	C	R	K	N	T
O	T	C	K	H	T	N	H	U	Z	B	X	H	R	H
A	C	E	H	S	E	A	R	X	E	W	U	M	F	U
S	L	I	P	I	M	T	C	Y	D	U	T	L	N	M
Q	K	I	Y	N	N	D	E	L	N	D	U	U	D	B
W	L	H	G	Y	T	T	R	O	H	B	B	N	N	N
S	T	O	M	A	C	H	C	Z	H	Z	V	Y	T	Q

TIME TAKEN	

WordMaze Module courtesy of Brain-Tutor LiFE™

Time Taken	Result	Result Analysis	Solutions
< 1 minute	Good	The time difference is due to the percentage of blood in the brain.	Read the back of this leaflet for more information.
> 1 minute	Weak	Sufficient blood allows the brain to process faster.	
> 3 minute	Very Weak		

I ♥ myBrain MAIN & KESAN KELEMAHAN MINDA
Aktiviti disyorkan oleh pakar Psikologi

DO YOU KNOW

USER GUIDE

25% Blood in our Body is required by our Brain?

Continuous blood flow to the brain every day is very important in order for us to be always energized and our brain fitness level high.

This situation will increase the basic functions of cognitive skills such as Attention, Processing Speed and Memory which are important for Learning, Work Performance and Creativity.

Studies have also shown that when our Brain Fitness Levels are high, mental illness such Forgetfulness, Alzheimer, Stroke and Loss of Essential Brain Nerve Cell can be prevented.

Latest Science Discovery: Mental Exercise that stimulates brain cells strengthen neuronal connections and increase blood flow to the brain.



Before Exercise — After Exercise

IMAGES FROM THE fMRI SCAN

Source: Dr. Ryuta Kamashima. "Train Your Brain" Workbook

A PROVEN MENTAL EXERCISE METHOD

Introducing **Brain-Tutor LiFE**™ Classic, a software based mental exercise method with game like modules developed in collaboration with cognitive psychologist and neuroscientists to enhance the stimulation of brain cells. Equipped with comprehensive performance Tracking chart and Home Leader Board for 10 users.



User Friendly Interface
Easy and Fun to Play



Ready For The Entire Family
Creating Harmony at Home

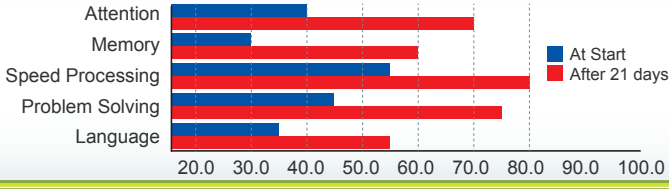


Feedback and Performance Tracking For Each User
Instantly Detects Mental Strength and Weakness

Effect of Execising using Brain Tutor LiFE Classic Exercise LiFE Classic for 21 Days

JUST 10-15 MINUTES DAILY RESULT IN 21 DAYS PROVEN

Studies conducted on users (age 7-75 Years)



GET STARTED TODAY

Download Application and User Guide From

www.ERAERUSIA.com